



SEVERIN'S

THE ALPINE RETREAT



SPA

SEVERIN'S SPA

Spa Rituals

in the Alpine Retreat

ALPINE
Harmony

Mountain
SERENITY

relaxation for the body and mind

EXCLUSIVE PARTNER

LA BIOSTHETIQUE®
PARIS



WELCOME TO OUR SANCTUARY OF RELAXATION AND REJUVENATION.

Immerse yourself in tranquility across our expansive 400m² space, where you can indulge in the soothing embrace of our heated 12.5 m indoor pool, complete with a counter-current system, bubble loungers, and a refreshing waterfall. Discover serenity in our generous sauna area featuring a sanarium, Finnish sauna, steam bath, infrared cabin, ice fountain, and invigorating experience showers, or invigorate your spirit in our dynamic fitness area.

Transform your stay in our retreat into a cherished moment dedicated solely to you. Amidst the whirlwind of daily responsibilities, we frequently overlook the most vital aspect of our lives: our own well-being.

Place your confidence in us, immerse yourself in the unique ambiance, and let our spa rituals, crafted just for you, ignite your spirit.

We eagerly anticipate the opportunity to indulge you.

Your Severin's The Alpine Retreat - Spa Team

SPA ETIKETTE

APPOINTMENTS

Schedule your Severin*s Spa rituals by reaching out via phone or email at TEL.: +43 5583 33 907-0 | E-MAIL: INFO@SEVERINS-LECH.AT

We encourage you to book your appointments well ahead of time. Upon your arrival at the hotel reception, you will receive confirmation of your appointment. Naturally, there may be instances where appointments become available on short notice. We will gladly keep you informed about this during your visit.

TIME OF ARRIVAL / DELAYS / CANCELLATIONS

We encourage you to arrive approximately 10-15 minutes prior to your appointment. This will provide you with ample time to ready yourself for your treatment. We appreciate your understanding that if you arrive late, your treatment time will be adjusted to accommodate the needs of our subsequent guests.

If you find yourself unable to attend your appointment, we kindly request that you cancel at least 24 hours in advance—this cancellation or rescheduling comes at no cost. For appointments that are not cancelled in a timely manner or are missed, the full treatment costs will be incurred. Should an appointment be cancelled or postponed for which an advance payment was made via a voucher, the same conditions will apply, meaning the voucher value will be adjusted accordingly.

DREAM REALIZATION

We are dedicated to addressing your unique needs throughout your treatment journey. Therefore, we will inquire about what matters most to you before we begin. Expert guidance is an integral part of the process and holds great significance for us. Please share any health concerns you may have, as some treatments might not be appropriate for you.

CHILDREN

Children are warmly invited to join the kids club and enjoy the swimming pool. We kindly ask that you remain mindful of other guests and ensure your children are supervised at all times. Those under the age of 10 must always be accompanied by an adult. We are delighted to welcome babies in the pool area, provided they are wearing baby swim diapers.

SPA ETIKETTE

TRANQUILITY AND SERENITY ...

... are the essential foundation for profound relaxation. In the spirit of respect for yourself and fellow guests, we kindly request that you turn off your mobile phones during your spa experience. Additionally, we ask that you refrain from using video and photo cameras throughout your visit. Please maintain quiet and reserved conversations in all areas, honoring the tranquility of others.

CLOTHING

For a delightful spa experience, we encourage you to arrive for your treatments in a bathrobe and slippers, which are provided in your suite. For body treatments, your spa attendant will gladly offer you disposable underwear for each session. Please remember to wear swimwear while enjoying the pool. In the sauna, use a towel as a base to safeguard the wood from sweat and to adhere to hygiene standards—this area is designated as textile-free.

VALUABLES

We encourage you to secure your valuables in the safe provided in your hotel room.

YOUR WELL-BEING MATTERS TO US

We strive to exceed your expectations and cater to your unique needs, recognizing that every treatment is a personal journey. We eagerly await your feedback.

PHILOSOPHY

HAVE YOU
HEARD?

RETREAT [ri'trit]

A RETREAT IS A PURPOSEFUL PAUSE OR ESCAPE FROM THE ROUTINE OF DAILY LIFE, DESIGNED TO FOSTER PHYSICAL, MENTAL, OR SPIRITUAL REJUVENATION.

ALPINE
Harmony

Mountain
SERENITY

Dive into the boundless realm of tranquility that guarantees genuine experiences of wellness. As we craft our applications, we hold dear the words that resonate with you, cherished guests, during moments of respite, away from the routine of daily life:

Balance & Tranquility

Our spa rituals, thoughtfully crafted for you, center around these two principles, creating extraordinary moments that will indulge and enchant you.

COSMETICS



BEAUTY TREATMENTS

ALPINE RENEWAL – HYALURON THERAPY

This treatment is perfect after a day spent in the crisp, dry mountain air. It delivers deep hydration to your skin, harnessing the remarkable power of potent hyaluronic acids.

TREATMENT DURATION: 60 MIN | COST: 159 €

MINERAL DETOX – REVITALIZE

A rejuvenating treatment that infuses the skin with essential minerals while restoring harmony to stressed skin. It encourages natural renewal and guarantees a radiant, even complexion.

TREATMENT DURATION: 75 MIN | COST: 195 €

RESILIENT & REVITALIZED – FACIAL TREATMENT FOR MEN

A dynamic treatment designed exclusively for the unique needs of men's skin. It energizes and rejuvenates, fortifying its resilience and guaranteeing a fresh, polished look.

TREATMENT DURATION: 50 MIN | COST: 135 €

BELESTHÉTIQUE SUPREME LIFTING - PRESTIGIOUS SKIN CARE

Precious plant extracts from iris root and white truffle bestow the skin with a visibly radiant glow, ensuring exceptional compatibility. The skin is continuously firmed and rejuvenated. A true program for skin renewal.

TREATMENT DURATION: 90 MIN | COST: 235 €

OUR ADVICE!

ADDITIONAL SERVICES

BROW ENHANCEMENT	10 MIN	20 €
LASH ENHANCEMENT	20 MIN	25 €
BROW & LASH TINTING	25 MIN	35 €
NAIL BUFFING	10 MIN	15 €
HAND PEELING	10 MIN	15 €

We appreciate your understanding that these services are available exclusively
when paired with a cosmetic treatment.

BODY



WELLNESS EXPERIENCES

FIRMING HARMONY - APRÈS-SKI REVITALIZATION

The Firming Body treatment with La Bioestetique offers a rejuvenating experience, featuring a stimulating silk glove exfoliation for the back and the back of the legs, complemented by a toning connective tissue massage. This powerful combination enhances blood circulation and, when paired with the Firming Body Butter, leaves the skin feeling remarkably firmer, nourished, and more elastic. It's the perfect choice for achieving smooth and revitalized skin.

TREATMENT DURATION: 40 MIN | COST: 125 €

SEVERIN'S FACE & BODY RITUAL – A JOURNEY OF RELAXATION FROM HEAD TO TOE

The Severin's Face & Body Ritual offers a lavish escape for both body and spirit. Begin your journey with an aromatic foot bath, then indulge in a soothing full-body exfoliation followed by a deeply relaxing massage for your back and the backs of your legs. Next, your face, neck, and décolleté are treated to a revitalizing cleanse and a gentle enzyme exfoliation, leading to an invigorating massage that tightens the skin and infuses it with renewed vitality.

TREATMENT DURATION: 90 MIN | COST: 245 €

REAL REFRESHING BODY PEELING – FULL BODY SCRUB

Experience the unique, marvellous alpine feeling of well-being. Gentle exfoliating grains of silica remove dead skin cells and revitalise the skin. Enriched with fresh, revitalising fragrances, this ritual transforms your skin into a soft, radiant experience and promotes natural balance.

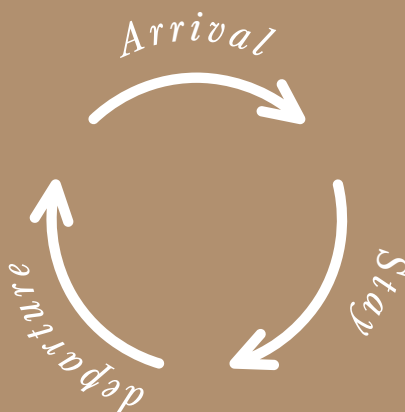
TREATMENT DURATION: 25 MIN | COST: 75 €

MASSAGE TREATMENT

BACK & NECK MASSAGE	25 MIN	75 €
PARTIAL BODY MASSAGE	40 MIN	120 €
FULL BODY MASSAGE	60 MIN 90 MIN	185 € 255 €
PHYSIOTHERAPY	60 MIN 90 MIN	185 € 255 €

UNIQUE

A RETREAT - A CEREMONY - A JOURNEY



What could be more delightful than a sense of well-being that envelops you, radiating perfection, tranquility, and relaxation? In collaboration with our esteemed partner LA BIOTHETIQUE, we are dedicated to indulging you during your time with us, offering you a series of enchanting fragrance experiences, along with nurturing, high-quality products and extraordinary moments.





Pure silence.



*Time that we take for
ourselves is time that
gives us something.*

- Ernst Ferstl



We eagerly anticipate your visit.

**GRATITUDE FOR YOUR
CONFIDENCE**

Status: 01/2025

SEVERIN S LECH GMBH
STUBENBACH 273 • 6764 LECH

TEL.: +43 (0) 5583 33 907-0 • E-MAIL: INFO@SEVERINS-LECH.AT